



# THE VILLAGE UNITED WORKSHOP TOPICS

Workshop	Location/Time
<p><b>How to Get to College &amp; Attend for free</b> Learn how to get into college and attend for free!</p>	<p><b>Room: 150</b> Session 1: 9:40am - 10:15am Session 2: 10:30am - 11:15am</p>
<p><b>How to Get to College for Undocumented Students</b> Higher Education Opportunities for Undocumented Students: Higher Education is possible for undocumented students! If you are a junior, senior or parent/guardian of a student who is thinking about going to college, come check out this workshop.</p>	<p><b>Room: 152</b> Session 1: 9:40am - 10:15am Session 2: 10:30am - 11:15am</p>
<p><b>Healthy Teen Relationships</b> What is a healthy teen relationship and how can we as a community support teens.</p>	<p><b>Room: 154</b> Session 1: 9:40am - 10:15am Session 2: 10:30am - 11:15am</p>
<p><b>Why UCSD?</b> An overview of UC San Diego's campus life, student opportunities, admissions requirements and the Chancellor's Associates Scholars Program</p>	<p><b>Room: 156</b> Session 1: 9:40am - 10:15am Session 2: 10:30am - 11:15am</p>
<p><b>Tenants- Know your Rights</b> Basic tenants rights presentation. We will cover AB 1482-tenant protection act of 2019 (statewide just cause and rent cap) and local tenant protections. Presentation also includes information on financial and legal resources.</p>	<p><b>Room: 170</b> Session 2: 10:30am - 11:15am</p>



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<p><b>Early Assessment Program</b></p> <p>EAP is an academic preparation program for the CSU that serves to maximize student success and make sure students are college ready in English Language Arts and/or Mathematics.</p>	<p><b>Room: 151</b></p> <p>Session 1: 9:40am - 10:15am Session 2: 10:30am - 11:15am</p>
<p><b>Redefining Success</b></p> <p>Join us to learn about the free, short-term career training available at San Diego College of Continuing Education including accounting/business, healthcare, child development, automotive, IT, digital media, welding, HVAC, culinary arts, clothing &amp; textiles and much more!</p>	<p><b>Room: 153</b></p> <p>Session 1: 9:40am - 10:15am Session 2: 10:30am - 11:15am</p>
<p><b>SDSU and the CAC guarantee</b></p> <p>SDSU Admission information as well as requirements for the College Avenues Compact</p>	<p><b>Room: 155</b></p> <p>Session 1: 9:40am - 10:15am Session 2: 10:30am - 11:15am</p>
<p><b>College Readiness</b></p> <p>Youth Congress at PANA is working on recommendations for LCAP in the topic of access to college readiness resources</p>	<p><b>Room: 175</b></p> <p>Session 2: 10:30am - 11:15am</p>
<p><b>SDCCD Promise - Two Years of Tuition</b></p> <p>Launched by the San Diego Community College District (SDCCD) in 2016, the San Diego Promise provides unparalleled access to community college education by removing financial barriers and providing wrap around support. The San Diego Promise provides qualified students at San Diego City, Mesa, and Miramar colleges with a free community college education, offers grants to those who demonstrate financial need to offset the cost of textbooks and instructional supplies, and engages all students in a learning community promoting academic success.</p>	<p><b>Room: 157</b></p> <p>Session 1: 9:40am - 10:15am Session 2: 10:30am - 11:15am</p>



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<p><b>From City Heights to New Heights: Full Ride Opportunities to Private schools</b></p> <p>This workshop will introduce opportunities and programs that support high-achieving student, low-income students to get full ride to Ivy League schools, Stanford, USC, etc.</p>	<p><b>Room: 159</b>            Session 1: 9:40am - 10:15am            Session 2: 10:30am - 11:15am</p>
<p><b>Library Resources</b></p> <p>We would share some library resources for families. We provide resources for basic needs, college readiness, and career and job opportunities as well as parent support.</p>	<p><b>Room: 170</b>            Session 1: 9:40am - 10:15am</p>
<p><b>A-G Requirements</b></p> <p>This session will provide information about the University A-G requirements and classes your students need to take in high school in order to prepare your student for college and career. We will also provide a brief overview of financial aid, and the Promise program regarding free tuition for Community College.</p>	<p><b>Room: 172</b>            Session 1: 9:40am - 10:15am            Session 2: 10:30am - 11:15am</p>
<p><b>How to Research Colleges &amp; Universities &amp; build a balanced college list</b></p> <p>In this workshop, Reality Changers staff will go over how to research colleges and universities and build a balanced college list.</p>	<p><b>Room: 171</b>            Session 1: 9:40am - 10:15am            Session 2: 10:30am - 11:15am</p>
<p><b>Resume building</b></p> <p>The purpose of this workshop is to provide students with an overview of developing a resume in preparation for college and/or career opportunities. Students will be provided with a resume template, and a tailored experience with Georgetown University Alumni to help craft and individualize their own resume for future revision and use.</p>	<p><b>Room: 173</b>            Session 1: 9:40am - 10:15am            Session 2: 10:30am - 11:15am</p>



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<p><b>Navigating Pathways to College</b></p> <p>The cost of college can be scary but it doesn't have to be. Through this workshop, participants will learn about the different types of financial support available to students and families. Financial support is available for low-income students in the form of grants, scholarships, and loans and the majority of our community partners provide these services for students. This workshop will explain the different paths students can take to achieve their postsecondary goals.</p>	<p><b>Room: 176</b></p> <p>Session 1: 9:40am - 10:15am Session 2: 10:30am - 11:15am</p>
<p><b>The Importance of Student Leadership</b></p> <p>It will be a workshop focused on the importance of student getting involved in leadership roles</p>	<p><b>Room: 178</b></p> <p>Session 2: 10:30am - 11:15am</p>
<p><b>Mental Health</b></p> <p>The Identifying and Expressing Boundaries workshop is a 45 minute session intended to increase participants' understanding of boundaries with themselves and others. The facilitator will cover topics such as identifying types of boundaries, boundary crossings, myths about boundaries, difficulties with boundaries and setting boundaries. The workshop will be part educational and part interactive for participants to reflect for themselves and/or with others.</p> <p>The Exploring and Embracing Our Emotions workshop is a 45 minute session intended to increase participants' understanding of their emotions. The facilitator will cover topics such types of emotions, functions of emotions, difficult emotions, awareness and mindfulness. The workshop will be part educational and part interactive for participants to reflect for themselves and/or with others.</p>	<p><b>Room: 174</b></p> <p>Session 1: 9:40am - 10:15am Session 2: 10:30am - 11:15am</p>